

The Church of Saint Ann

1253 Lawrence Road, Lawrenceville, NJ 08648

The entire parish community extends a warm welcome to all visitors and to all new parishioners. We're glad you're here!



Second Sunday of Easter

April 18, 2004

Served by:

Rev. R. Vincent Gartland, Parish Priest	882-6491, ext. 12	Mrs. Eleanor Kiel, Director, Music Ministry	882-6491, ext. 18
Rev. Joseph Rosie, Weekend Assistant		Ms. Rosemary Hobgood Iossa, Director, Adult Choir	
Sister Beth Dempsey, RSM, Pastoral Associate	882-6491, ext. 15	Mr. Michael McCormick, Organist, Adult Choir	
Mr. Gary Maccaroni, Pastoral Associate	882-6491, ext. 16	Miss Jean DiMarco, Director, Youth Choir	882-6491, ext. 22
Rev. Msgr. Leonard R. Toomey and Rev. Edward J. Dougherty, Weekday Assistants		Mr. John McKenna, Principal, Saint Ann School	882-8077
Mr. Thomas Everist and Mr. Edward Hoag, Deacons		Sister Carol Heffner, SSJ, Director, Religious Education	882-1212
Mrs. Christine Barranco, Business Manager	882-6491, ext. 19	Ms. Catherine Haggerty, Sexton	771-1078
Mrs. Lynne Schuman, Office Manager	882-6491, ext. 11	Mr. Bob Seaman, Maintenance Supervisor	882-6237
Mrs. Rita Reven, Finance Manager	882-6491, ext. 13	Ms. Eleanor Tyler, Marriage/Family Counselor	747-9515
Mrs. Donna Maccaroni, Capital Campaign	882-6491, ext. 26	Parish Health Ministry	882-6491, ext. 17
Sister Margaret Cronley, MSC, Sacramental Secretary	882-6491, ext. 14	Helping Hands Ministry	882-6491, ext. 20
		...and Many Faithful Volunteers	

Parish Office: 609-882-6491
Fax: 609-882-4366

Saint Ann School: 609-882-8077
School Fax: 609-882-0327
School Website: www.st-ann-school.org

Religious Education Office: 609-882-1212
Church Website: www.churchofsaintann.net

PARISH REGISTRATION: All baptized Catholics living in Lawrenceville are considered members of Saint Ann parish and are entitled to its services. Registration assists the staff in knowing parishioners, providing for their needs, informing them of parish programs and activities, and utilizing their gifts and talents in service to the Church and to one another. **PLEASE REGISTER** by using the forms at the church entrance or at the Parish Office. Envelopes will be made available once you are registered. We encourage you to use envelopes for your weekly contributions.

THE SACRAMENTS

Sunday Eucharist: Saturday Vigil: 5:00 P.M.; Sunday: 7:30, 9:30, and 11:00 A.M. and 12:30 P.M.

Daily Mass: Monday, Wednesday, Friday, and Saturday at 8:00 A.M.; Tuesday, Wednesday, and Thursday at 7:00 A.M.

Holy Days: As listed in the bulletin.

Liturgy of the Hours and Communion Service: Monday and Friday at 7 A.M.

Baptisms: First and third Sundays at 2:00 P.M. and at Baptism Sundays scheduled throughout the year. *Baptism Preparation:* Second Tuesday of the month at 7:30 P.M. in the chapel. Parents are encouraged to attend this session early in the pregnancy. Baptisms are scheduled after participating in the session.

Marriage: Ideally, couples planning to marry at Saint Ann should contact the Parish Office a year in advance so that they may complete the necessary marriage preparation process.

Penance/Reconciliation: Saturday from 4:00 to 4:45 P.M. in the Daily Chapel or anytime by appointment.

Anointing of the Sick/Communion to the Homebound: Please notify the Parish Office when serious illness occurs or when the sick, aged, or incapacitated are confined to home for an extended period. Arrangements can be made to bring communion to those unable to get to church. In an emergency, call the Parish Office anytime. **Nighttime emergency phone number is 882-3173.**

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA) RCIA is the process by which adults become full, active, participating members of the Catholic Church. This includes receiving the sacraments of Baptism, Confirmation, and Eucharist. Please call the parish office for information.

RELIGIOUS EDUCATION PROGRAM Parish Religious Education program for children (CCD) meets Sundays (**kindergarten only**) from 11:00 A.M. to 12:00 noon and Sunday, Monday, and Tuesday from 6:30 to 7:45 P.M. **Phone 882-1212. Religious Education Office:** Located on the second floor of Saint Ann School. **Office Hours:** Monday through Thursday, 9:00 A.M. to 3:00 P.M.

SAINT ANN SCHOOL, 34 Rossa Avenue, Lawrenceville, NJ 08648: Saint Ann School has provided quality elementary school education for over thirty-five years. It also sponsors extended day and afterschool programs. The preschool program serves children aged three to four years. **Phone 882-8077 Fax 882-0327**

PARISH OFFICE Located on Lawrence Road next to McGrath Pharmacy. **Parish Office Hours:** Monday through Friday, 9:00 A.M. to 4:30 P.M. and by appointment. Call anytime in the case of an emergency.

PARISH BULLETIN Information for the bulletin needs to be received at the Parish Office by 3:00 P.M. **on Friday of the preceding week.** Save time by e-mailing items for consideration to lynneshoe2@comcast.net. Thank you!

Daily Liturgy for the Week of April 18, 2004

MONDAY, April 19 EASTER WEEKDAY
 8:00 A.M. T. Gilbert Fallon, by Betty and Bill Wnek
 Sebastiano and Elpidia Tamasi, by Felice and
 Esterina Toto

TUESDAY, April 20 EASTER WEEKDAY
 7:00 A.M. Michael Zeyack, Jr., by Mary Borden
 Margaret D. Chico, by Roy and Helen Metzger

WEDNESDAY, April 21 EASTER WEEKDAY; SAINT ANSELM, BISHOP, DOCTOR
 7:00 A.M. Marlene DiDonato, by mother
 Michael Zeyack, Jr., by Gloria and Denis Carroll
 8:00 A.M. Jean Belli
 Michael Zeyack, by Jane Fallon

THURSDAY, April 22 EASTER WEEKDAY
 7:00 A.M. Frank Colavita, anniversary, by Lorraine Colavita
 Richard Cochran, by wife and children

FRIDAY, April 23 EASTER WEEKDAY; SAINT GEORGE, MARTYR
 8:00 A.M. Andrew Cermele, by Helen Falcone
 Blanche Velenger, by Gloria and Denis Carroll

SATURDAY, April 24 EASTER WEEKDAY
 8:00 A.M. Michael Zeyack, Jr., by Mr. and Mrs. John Butler
 Masuo Toji, by Kato family
 5:00 P.M. Sr. Rita Brereton, by Babcock family
 Madeline McLaughlin, by Michael and Mary Zeyack

SUNDAY, April 25 THIRD SUNDAY OF EASTER
 7:30 A.M. Ann Weigand, by Richetti family
 Elizabeth M. McNulty, by DeMott family
 9:30 A.M. Joseph Hopkins, by Mr. and Mrs. Gary Gladwell
 Daniel Hornstein, by Donald Ehart
 11:00 A.M. Stella Colavita, anniversary, by Lorraine Colavita
 Daniel DiDonato, by Ed and Bettie Wells
 12:30 P.M. People of the Parish

We regret any misspellings in the Mass intentions.

WEEK OF APRIL 18, 2004

SANCTUARY CANDLE
 In Memory of **KAITLYN ANN GOLDBERG**

SAINT ANN ICON
 Celebration of **BABY COLLIN MUENSTER**

STEWARDSHIP

Weekly Offering for April 4, 2004
Thanks for using the envelope system!

Number of Registered Households	2,574
Number Using Envelopes Last Week	935
Envelope Contributions Last Week	\$17,377
Loose Money Last Week	\$2,151
Other Weekly Money Collected	\$326
Total Contributions Last Week	\$19,854
Average Envelope Contribution	\$18.58

A Letter from Chris Peterson, Our Parish Missionary in East Timor

Dear All,

The time is going fast here, but the mail is still moving at the pace we sometimes affectionately refer to as Timor time. So I use the occasion of our six-month stay here to write to wish you a blessed Easter season. It is Lent here now, but by the time you see this, you will probably already be seeing daffodils. We'll be eating scalloped potatoes and ham for the holiday; we plan to cook them over an open fire with brown sugar and fresh pineapple and we'll try a special recipe for yams with applesauce and nuts.

We've had a long monsoon season, so there's always some kind of bright tropical flower out and plenty of fruit. It's summer here now, and as we change from winter to spring, we change from Timor's two seasons. The Timorese say that they go from very hot as it is right now, to hot, as Easter morning is expected to be.

It is a break between semesters for us right now. The students now know enough English to joke with us about not coming back next semester—at least we hope they're joking. We are planning for them to start working on new things, from linear equations to linking verbs, and we'll play a little baseball after the break.

Daughter Holly added a dimension to the studies by introducing geology and geography to the program. She visited for a month over Christmas, through January, and she was a delight to have as an honorary community member and teaching assistant. She brought me great joy and provided a great service to the local community as a Christian witness. She landed safely in Sydney a few weeks ago, and has plans to go to New Zealand next on her year's excursion.

During school recess, we volunteers visited a hospital in Maliana, a United Nations-based town near the West Timor boundary. With each new part of the country that we visit, we are given new perspective about the country's brokenness, and we receive a new understanding of what happened here. My reason for being here is verified daily, and strengthened by your warm letters and prayers. Thank you again for your loving support.

Peace and love and all good things to you,

Chris

c/o VOICA, Comoro, P.O. Box 23-Dili, Timor Leste, via Portugal

"THE PASSION OF THE CHRIST" DISCUSSION GROUP

Have you seen "The Passion of the Christ?" Why not come and share your insights and thoughts with a discussion group! The group will gather in the Parish House on **Tuesday evening, April 27, at 7:30 P.M.**

ALTAR SERVER SCHEDULE April 24/25, 2004

5:00 P.M.	7:30 A.M.	9:30 A.M.	11:00 A.M.	12:30 P.M.
T. Camastra	M. Competelli	B. Hedden	M. Marencik	Russell Reali
M. Camastra	K. Slowikowski	M. Hedden	S. Marencik	N. Hvasta
E. Masterson		A. Pigula	R. Ruszczuk	D. Becerra
			M. Ruszczuk	

Calendar of Events for the Week of April 4, 2004

- SUNDAY, April 18**
- Blood Pressure Screening before and after 9:30 A.M. Mass - Community Room
 - Religious Education Kindergarten Classes - 11:00 A.M. - Saint Ann School
 - Baptismal Weekend; Baptisms (5) at 11:00 A.M. Mass - Church
 - Baptisms (6) - 2:00 P.M. - Church
 - Divine Mercy Mass - 2:45 P.M. - Church
 - Religious Education Classes - 6:30 P.M. - Saint Ann School

- MONDAY, April 19**
- Miraculous Medal Novena and Benediction - 1:30 P.M. - Daily Chapel
 - Junior Legion of Mary (Grades 1-3) - 2:30 P.M. - Parish House Conference Room
 - Little Angels Choir Rehearsal - 4:00 P.M. - Parish House Conference Room
 - Religious Education Classes - 6:30 P.M. - Saint Ann School
 - H.O.P.E. - 7:00 P.M. - Parish House Sunroom
 - Rosary-Altar Society - 7:15 P.M. - Church
 - Saint Vincent de Paul Society - 7:15 P.M. - Parish House Library
 - Respect Life Ministry - 7:30 P.M. - Daily Chapel

- TUESDAY, April 20**
- Exposition of the Blessed Sacrament All Day - Daily Chapel
 - Divine Mercy of Jesus Holy Hour - 3:00 P.M. - Daily Chapel
 - Religious Education Classes - 6:30 P.M. - Saint Ann School
 - Catholics Returning Home - 7:30 P.M. - Parish Office
 - Parish Health Ministry - 7:30 P.M. - Parish House Sunroom
 - Young Adult Bible Study - 7:30 P.M. - Daily Chapel

- WEDNESDAY, April 21**
- Legion of Mary - 5:15 P.M. - Daily Chapel
 - Saint Ann School Finance Committee - 7:00 P.M. - Parish House Sunroom
 - Prayer Group - 7:30 P.M. - Parish House Dining Room
 - Adult Choir Rehearsal - 7:30 P.M. - Church

- THURSDAY, April 22**
- Saint Ann School Liturgy - 9:00 A.M. - Church
 - Junior Legion of Mary (Grades 3-8) - 2:30 P.M. - Parish House Conference Room
 - Golf Committee Meeting - 7:00 P.M. - Parish House Dining Room
 - Youth Group - 7:30 P.M. - Parish House Sunroom

- FRIDAY, April 23**
- Saint Ann School Staff Development/Faculty Meeting - 12:15 P.M. - School
 - Saint Ann School Parent/Child Dinner Dance - 5:00 P.M. - Cafeteria and Gym
 - Youth Choir Rehearsal - 5:00 P.M. - Church

- SATURDAY, April 24**
- First Eucharist Retreat - 8:00 A.M. - School Cafeteria and Church
 - Pre-Cana Session - 10:00 A.M. - Parish House
 - Homeless Lunch Program - 11:00 A.M. - Off-Premise Activity
 - Wedding - 3:00 P.M. - Church
 - Rosary-Altar Welcome Spring Bake Sale after All Masses - Church Foyer

- SUNDAY, April 25**
- Rosary-Altar Welcome Spring Bake Sale after All Masses - Church Foyer
 - Registration for Religious Education Classes - 7:00 A.M. - Saint Ann School
 - Adult Confirmation Group - 9:45 A.M. - Parish House Dining Room
 - Religious Education Kindergarten Classes - 11:00 A.M. - Saint Ann School
 - 12:30 Mass Band Rehearsal - 1:30 P.M. - Church
 - Religious Education Classes - 6:30 P.M. - Saint Ann School
 - Religious Education FAITH Family Session - 6:30 P.M. - School Cafeteria
 - Centering Prayer - 7:00 P.M. - Daily Chapel

Sisters of Mercy Annual Raffle...*Last Chance!*

The Sisters of Mercy are sponsoring their annual raffle to benefit McAuley Hall Health Center, where sick and retired sisters live. This year there are 10 prizes: 1st: 25% of proceeds, 2nd: 10%, and three prizes of 5%, 4th-6th: 2%, 7th-10th: 1% of the amount collected. Last year's first place winner received over \$37,000 and the 10th prize winner received \$1,750. Tickets are \$25. The raffle will go off on Sunday, May 9. If you would like to take a chance, please contact Sister Beth at 882-6491, ext. 15.

Help Needed *Baptismal Preparation Team*

We need a few couples to become part of our **Baptismal Preparation Team**. Couples are responsible for speaking to parents who are seeking to have their children baptized at The Church of Saint Ann. Baptism Preparation Classes are on the second Tuesday of each month and last about an hour and a half. Each couple on the team might do the presentation once every three or four months. You'll be given an outline and there is a core group who would help you put your own script together. For more information, please contact Sister Beth at **882-6491, ext. 15**.

Baptismal Set-Up

Would you like to help **set up for baptisms** in our church? This can be done by an individual or family. We have baptisms on the first and third Sundays of the month at 2:00 P.M. and six times a year at Sunday Masses. **Set-up** takes twenty to thirty minutes (after 12:30 P.M. Mass) and is needed about once every five or six weeks. For more information, please call Sister Beth at **882-6491, ext. 15**.

THANK YOU

The Church of Saint Ann is grateful to the family of

JOHN S. FLESCH

who, at the time of his death, requested that memorial contributions be made to our Faith Development Center in his name.

Book Discussion Group

The next best thing to reading a good book is discussing it. The next meeting of the Saint Ann's book discussion group will be **Thursday, May 13, at 7:00 P.M.** in the dining room of the Parish House (next to the school). The book selection is *Wise Blood* by Flannery O'Connor. *Wise Blood*, O'Connor's first novel, is a tale of redemption, retribution, false prophets, blindness, blindings, and wisdom, with one of the most consuming character in modern fiction, Hazel Motes. All are welcome. For more information, contact Deacon Ed Hoag at edwardhoag@yahoo.com

KNIGHTS FUND DRIVE: This weekend Lawrence Council, No. 7000, Knights of Columbus will join other K of C councils in the Mercer County area and throughout New Jersey to conduct their annual fund drive to benefit physically challenged and learning-disabled children and adults. The drive, with K of C members wearing the familiar Tootsie Roll-filled red and yellow aprons, is being conducted in New Jersey for the twenty-eighth consecutive year. Since the drive's inception, nearly thirty million dollars has been raised for this cause. The Lawrence Council of the Knights of Columbus, founded in late 1977, will participate for the twenty-fifth consecutive year, this year under the chairmanship of Dr. John Franceschini. Members of Council 7000 will be accepting donations at various locations in the Lawrence Shopping Center. All proceeds from the drive will go to programs and agencies that assist physically challenged and learning-disabled citizens. Agencies that will benefit include the Center for Outreach and Services for the Autism Community (COSAC), New Jersey Special Olympics, and the Association for Retarded Citizens, among others. The K of C wishes to thank members of our community for their concern and generosity in donating whatever they can to this worthy cause.

ROSARY-ALTAR SOCIETY

Monday, April 19, there will be a meeting starting at 7:15 P.M. with the Rosary. Plans for Day of Reflection at Villa Victoria will be finalized. The May Crowning will take place on **May 23.** All ladies are invited to attend the meeting.

JOIN PRAYER VIGIL AND WITNESS

Saint Ann's Respect Life Ministry members have been attending prayer vigil and witness at the Princeton Women's Health Center on **Saturday mornings.** Located behind Pep Boys on Route 1, just north of Wal-Mart, the clinic performs twenty or more abortions every Saturday, as well as on other days. We begin at **7:30 A.M.** and end about noon. Please try to join us for whatever time you can. God will bless you. Bring your rosary.

We encourage all parish groups and committees to read the Sunday Gospel aloud before beginning a meeting, thus placing your ministry in the context of the mission of the Church.



Gospel for April 18, 2004

SECOND SUNDAY OF EASTER Jn 20:19-31

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. The disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

Thomas, called Didymus, one of the Twelve, was not with them when Jesus came. So the other disciples said to him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands and put my finger into the nail marks and put my hand into his side, I will not believe."

Now a week later his disciples were again inside and Thomas was with them. Jesus came, although the doors were locked, and stood in their midst and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands, and bring your hand and put it into my side, and do not be unbelieving, but believe." Thomas answered and said to him, "My Lord and my God!" Jesus said to him, "Have you come to believe because you have seen me? Blessed are those who have not seen and have believed."

Now Jesus did many other signs in the presence of his disciples that are not written in this Book. But these are written that you may come to believe that Jesus is the Christ, the Son of God, and that through this belief you may have life in his name.

For Reflection:

We say, "My Lord and my God!" when we see signs of Christ among us. Can we still believe when we do not see?

"THAT OLD PARISH CHURCH, IT AIN'T WHAT IT USED TO BE"

Presenter: Father Vince Gartland

Thursday, May 6 - 7:30 P.M. - Daily Chapel

The local parish is where the Church is most alive and vibrant, and most obviously the Body of Christ. For Catholics, the parish is the most common expression of Church and where the mission of the church can be lived to the fullest. This session will focus on the structure and dynamics of a parish, looking closely at its purpose, its relationship to the local community, the diocesan and universal Catholic Church. Questions concerning the importance of the parish for daily life, why belong to a parish, what makes a parish alive in faith, and how parishes have changed throughout the years will be examined. There is no charge to attend; all are welcome.

PARISH WOMEN'S GROUP

Our Women's Group will meet **Monday, April 26**, at **7:30 P.M.** in the Daily Chapel. We will discuss chapter five of the book *Hidden Women of the Gospels*. It's not too late to join the group. Call Mary Lou Hartman at 921-9134 for more information.

The Church of Saint Ann Music Ministry Presents
Our Second Annual

Spring Concert

Featuring:
Saint Ann Adult Choir
Saint Ann Youth Choir
Saint Ann Little Angels Choir
12:30 Mass Band

Sunday, May 2, 2004 - 4:00 P.M.

Free and open to the public. Questions? Call 609-882-6491 ext. 18

YOUNG ADULTS OF ALL AGES

Dr. Raymond Schroth of Saint Peter's College in Jersey City will discuss "Restoring the Credibility of the Catholic Church" at this quarter's *Theology on Tap*. *Theology on Tap* is a gathering of young adults in a casual atmosphere. The event will take place on **Thursday, April 22**, from **7:00 to 9:00 P.M.** at **Marley's Alehouse** in West Trenton. Come join us for a beverage and some inspiration! Contact Sue Ziegler at 737-2488 or check out the website: www.st.james-nj.org for directions and more information.



**SAINT ANN SCHOOL
REGISTRATION FOR THE
2004-2005 SCHOOL YEAR**

Saint Ann School is accepting registrations for students in Kindergarten through Grade 8. The mission of Saint Ann School is to provide each student with a quality, faith-filled, and values-based education.

Programs are available in all academic areas, including foreign language, library/technology, art, music, physical education, and honors math. School tours are available. Required at the time of registration are the following:

1. Birth certificate
2. Baptismal certificate
3. Immunization records
4. \$50 registration fee
5. Copies of the past three years' report cards
6. Copies of the past three years' Standardized Tests

Please call 882-8077 for more information.

FEAST OF DIVINE MERCY - SUNDAY, APRIL 18

We will celebrate the Feast of Divine Mercy on **Sunday, April 18**. It is said that Jesus told Saint Faustina that "on that day, the depths of my tender mercy are open. I pour a whole ocean of grace upon those souls who approach the fount of my mercy." We will pray the Rosary at 2:45 P.M., followed by the Chaplet of Mercy. Mass will then be celebrated by Fr. Edward Dougherty. The Mass satisfies your Sunday obligation. Light refreshments will be served following Mass.

YOM HASHOAH SERVICE TO TAKE PLACE AT RIDER

Faculty and students of Westminster Choir College of Rider University will be featured in a free concert during a Holocaust remembrance service on **April 18** at Rider University's Gill Chapel. Co-sponsored by The Julius and Dorothy Koppelman Holocaust/Genocide Resource Center and The Campus Ministry, the interfaith service will begin at **3:00 P.M.**

THANK YOU! Sincere thanks to all who gave so generously to the Rosary Altar Baby Shower. Gift certificates will be purchased with monetary donations received. Special thanks to **Judy Perhach, Terry O'Reilly, Jean Demers, and Josephine Pinelli** for their help.

H.O.P.E.

Helping Other People Evolve

A Self-Help and Educational Group for Widowed Persons

MERCER COUNTY LAWRENCEVILLE (EVENING) CHAPTER - SPRING 2004

- April 12 INTRODUCTION AND ORIENTATION
Examination of the Grief Process
- April 19 UNDERSTANDING DEPRESSION
Is what you're feeling "normal?"
- April 26 UNSYMPATHETIC SYMPATHY
Hurtful comments and helpful responses
****** REGISTRATIONS CLOSE AFTER THIS MEETING ******
- May 3 "TAKE MY ADVICE"
How to separate the good from the bad
- May 10 EFFECTIVE PROBLEM SOLVING
Looking at problems from different angles
- May 17 "WHO AM I?"
An exploration of selfidentity
- May 24 REALISTIC EXPECTATIONS
Are you your own worst enemy?
- May 31 MEMORIAL DAY OBSERVED - NO MEETING TODAY
- June 7 STRAIGHT TALK
Positive communications with family and friends
- June 14 ALONE, BUT NOT LONELY
Learning to live as a single person

**All meetings take place at the Parish House of
The Church of Saint Ann, Lawrenceville, at 7:00 P.M.**

NEXT SESSION WILL BEGIN JULY 12, 2004.
FOR INFORMATION OR TO REGISTER, CALL 1-888-920-2201.

PARISH HEALTH MINISTRY: Parish Health Ministry is looking for new members to join us. Do you have past or present experience in any aspect of the healthcare field? Are you interested in promoting healthy living? Anyone who would like to find out more about this wonderful group is invited to attend our meeting on **Tuesday, April 20**, at 7:30 P.M. in the Parish House. Please call Megan Gordon (538-8380) with any questions.

GOLF COMMITTEE MEETING: Saint Ann Golf Committee and Volunteer Meeting - **7:00 P.M. Thursday, April 22**, in the Parish House Dining Room.

SENIOR CITIZENS' MEXICAN FIESTA

On **Tuesday, May 4, 2004**, the students of Notre Dame High School will sponsor our annual Senior Citizens' Prom. Saint Ann's senior citizens are cordially invited to attend. This year's prom, "Mexican Fiesta," will take place from 6:00 to 8:00 P.M. at Notre Dame. Tickets are by reservation only and can be obtained at the Notre Dame High School main office. The cost is \$2.00 per person and includes dinner and dancing. Please call 882-7900 to make a reservation. We look forward to seeing you!

ATTENTION TEENS! Open Auditions! Realfait TV Wants You!

Realfait TV, an exciting Catholic teen TV show on cable and the web, is holding Open Auditions **Thursday, April 21**, for our on-air talent (hosts, on-location interviewers, studio guests).

Enjoy talking about your faith? Want to help make a difference in today's culture? Be part of this exciting ministry *for teens by teens*. Contact Marianne Hartmand at (609) 406-7402 or TV@dioceseoftrenton.org for an appointment or for more information.

Realfait TV

Real stories. Real issues. Real life. Real faith.

www.realfaittv.com

Produced by the Catholic Diocese of Trenton

AFTERNOON DELIGHTS

Should kids snack? Absolutely! Excessive noshing is a health hazard, but children can benefit from two or three well planned snacks a day. The key to healthful snacking is to remember the three T's: timing, total, and type. **Timing.** Kids will eat almost anything as they walk through the door after school. Plan ahead. Place a fruit basket on the table, or cut up fresh fruits or vegetables and place them strategically. Limit snack time to ten or twenty minutes and send your child off to do something active. **Total.** Your child's ideal portion size will depend on her age and activity level. As a rule, snacks should include a single serving from one or two food groups. Avoid supersize snacks! **Type.** Quality is critical. Processed convenience foods are often loaded with fat, salt, and sugar. The ideal foods are minimally processed, rich in vitamins and minerals, and light on added ingredients. Try smoothies, fruit, vegetables, high-fiber cereals with low-fat milk, peanut butter on an apple or banana, whole-grain bread or crackers, mini-pizza on whole wheat bread or English muffin, graham crackers, pitas with hummus, or even popcorn (skip the butter).

Children's Hospital Boston and Harvard Medical School
by Kattia Corrales, R.D., L.D.N., and Christopher Duggan, M.D., M.P.H.

OUR LADY OF PERPETUAL HELP HEALING PRAYER MINISTRY

The apostolic purpose of *Our Lady of Perpetual Help Healing Prayer Ministry* within the community of Saint Ann Parish is to help each individual journey toward the love of God to experience God meeting them in their own need.

Each individual prayer hour is special, unique, personal, and totally confidential. Each prayer team praying with you consists of graduates of the Institute of Christian Ministries of Religious Healing. Every prayer minister has undergone two years of training and ministering within the Formation of Healing Ministries based on Catholic teaching. They journey with you to affirm and reveal your individual God-given goodness. Coming together in an atmosphere of prayer allows God in his great mercy to heal according to his Divine will.

Our Lady of Perpetual Help Healing Prayer Ministry is available to anyone desiring personal prayer every Wednesday evening from 6:00 to 7:00 p.m. All are welcome!

To make an appointment or for more information, please call Eileen Kostrzewa at (609) 883-3905.

WIDOWS AND WIDOWERS MONTHLY DANCE

Mercer County chapter of Widows and Widowers will hold its monthly dance social on **Friday, April 23** at 7:30 P.M. at the DAV Hall, 911 Arena Drive, Hamilton Township. For more information, call 587-8959 or 896-3818. Refreshments will be served. All widows and widowers are invited to attend.

A non-profit, non-sectarian organization

BAPTISM CONGRATULATIONS

Welcomed into the Church through the Sacrament of Baptism were
Christopher Michael McCormick, Samantha Kasia Niemirka, Jake Miles Marek, Emily Carol Franceschini, Collin Eric Muenster, McKenna Grace O'Neill, Trevor Jordan McMahon, Liam Nils Ripberger, Jared Paglione, Vincent Edward Gilsean, Dean Cimmino, Marcos Jeronimo Trujillo, Ivan Carmela Pellerito, and Teagan Ciara Camporeale

Congratulations!

Trophy for Best Adult Contingent in the Saint Patrick's Day Parade in Mercer County on March 13, 2004, by the Knights of Columbus Lawrence Council 7000 and The Bishop Griffin Assembly Color Corps.

Community Service for Confirmation and School

Help prepare and deliver lunch for homeless families. This is a great community service project for Confirmation or school or just a fun and rewarding activity for the family. We will meet in Lawrence from 11:00 A.M. to 12:30 P.M. on **Saturday, April 24**. Please contact Anne Catena at 882-1498 no later than April 21 to confirm or for more information. All are welcome.